

April 2019

New Client

Brown-Smith Attorneys at Law 300 TradeCenter, Suite 6750 *Legal services*

Wellness - Tip of the Month

Get moving! Sitting too long is taking years off our lives. Moving around once every hour is shown to increase productivity and overall health, so take a minute to stand up and move around every hour.

~Courtesy of <u>High Function Fitness</u>

Quick Links

Client Directory

Service Call Request

Executive Office Suites







Client News



Age-Less Weigh-Less has a <u>loyalty_program</u> that offers rewards, instant savings, and rebates. Sign up at no charge, and receive a \$20 treatment certificate instantly.

The medical spa recently opened a new location in Dover, New Hampshire. Become a new member at the NH location and receive \$50 off any service. For additional information, email info@ageweighless.com or call 781-569-5100.



<u>Batavia</u> announced that it received a \$13.2 million grant from the Bill & Melinda Gates Foundation to manufacture clinical-grade inactivated polio vaccine, using its newly developed low-cost process. Read the news release in its entirety <u>here</u>.



<u>Deltek</u>, a global provider of software and solutions for project-based businesses, has entered <u>into a strategic alliance</u> with Grant Thornton LLP. The alliance will help public and private companies of all sizes, including government contractors, to comply with accounting rules, regulations, and standards.



<u>Lapels Dry Cleaning</u> provides shirt laundering, dry cleaning, tailoring, alterations, and shoe repair, and it offers home and corporate pick-up and delivery. To save on its services, join its VIP Rewards program and use monthly coupons posted on the website. Discounts are

also available: 20 percent off uniform cleaning for police, firefighters, and military personnel, and 10 percent off for senior citizens. To sign up for delivery, click here. For questions, call 978-253-0030.



McLane Middleton news:

<u>Bruce Felmly</u> was recently presented with the firm's first Client Service Lifetime Achievement Award.

<u>Michelle Abruzzese</u> was presented with the firm's annual John A. Graf Client Service Award in recognition of a relentless focus on solving clients' problems.

<u>Jennifer Parent</u> recently became a Fellow of the American College of Trial Lawyers.

<u>Patience E. Morrow</u>, an associate in the firm's Trusts & Estates Department, has been admitted to the Massachusetts State Bar.

Upcoming Events



Easter at Strega Prime

Sunday, April 21, 11 AM - 8 PM

400 TradeCenter

Reservations: 781-933-3333, Open Table



Reduce Pain in the Workplace (first in a series) Thursday, April 25, 3:15 PM

100 TradeCenter, Suite S-325 (North C entrance)

Complimentary stretching session with movement specialists and co-owners of <u>High Function Fitness</u>

Participants can pre-register <u>here</u> and will receive a workout and stretch program to take home.

Contact: Emily, 781-933-0222, emily@highfunctionfit.com



Business Briefing:

Workplace Safety Training and Education Grant Program

Friday, April 26, 8:00 - 9:30 AM

MassHire Metro North Career Center

100 TradeCenter, Suite G-100

Kathy Manson, office safety director, will provide an overview

of the Safety Grant program. To register: email Julie Whitmore

at jwhitmore@mhmncc.com

The Latest at Cummings



Starting Small: University of Oxford recently featured Bill Cummings at Saïd Business School's Oxford Saïd Entrepreneurship Forum. He spoke to tech startup pioneers, policy makers, investors, and others about the valuable business and philanthropy lessons that he details in his book Starting Small and Making It Big.

Bill has many public and private appearances lined up for the spring

(view the list). If you know of a school or other group that would be interested in inviting him to speak, please <u>click here</u> to learn more about this opportunity, and contact Cindy Canavan at <u>clc@cummings.com</u> or 781-569-2344 with questions or to discuss possible dates.

Earth Day - April 22: From solar panels to LED lighting to groundwater recycling and more, check out what Cummings Properties is doing to be friendly to the Earth and to save clients money.





Free 7-Day Trial
High Function Fitness

100 TradeCenter, Suite 325

Offer available to new members only.

Contact: Emily, 781-933-0222, info@highfunctionfit.com

Friendly Reminders

Upcoming Holiday: Cummings Properties' offices will have limited staff on site on **Monday**, **April 15** in honor of **Patriots' Day**.

Tax Time: The deadline for filing 2018 federal and state personal tax returns is April 17.

Don't dent and run! Please be courteous to fellow TradeCenter 128 clients by taking an extra moment to open the car door with care after parking. Even when in a rush, please look before opening the car door to avoid damaging an adjacent car as well as your own. Thank you for your consideration.

Do you have a business or personal need? Another Cummings client may be able to help. Our comprehensive <u>Client Directory</u> is a treasure trove of local companies. Firms are also encouraged to check their own listings to ensure the information is accurate and the company is appropriately classified. There is no charge for these listings, and a second free listing under a different classification can be readily provided as well. Email your information to group@cummings.com.

Referral Opportunity

Earn \$1 for every square foot your referral leases from Cummings Properties.

<u>See details here</u>, or speak with your account manager to learn more about the referral program, this featured space, or other spaces available at TradeCenter 128 and elsewhere within Cummings Properties' portfolio.

First-Class Lab Suite

8 Cabot Road, Woburn - 5,488 SF

AVAILABLE AUGUST 2019







High-profile location, moments from I-93 and I-95, directly off Commerce Way

- Square feet: 5,488 Sub-dividable: No
- Two 6-foot chemical fume hoods
 Ample casework w/ resin counter tops
 70/30 office-to-lab ratio
- · 400 Amps, 120/208 3 phase power
- · Exceptional window line
- · Private offices, break room, private bathrooms



Google Map

If you no longer wish to receive our emails you may <u>unsubscribe</u>. Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns, or fire alarm testing.



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