

Cummings MetroNorth News

CUMMINGS CENTER / DUNHAM RIDGE

September 2023

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients in Beverly. Enjoy the latest client news, events, special offers, and more.

Seen Around Campus

Cornhole, conversation, and catering from <u>Regina Pizzeria</u>, **Ipswich Ale Brewery**, and **Essex County Brewing** made for a highly successful summer beer garden at Dunham Ridge. Pictured, team members from <u>Endolytix</u> (left) and <u>Microline Surgical</u> (right) savor a slice in the sun.







Thanks to the talented youths a t **Express Yourself**, an uplifting art installation is enhancing the scene at 500 Cummings Center: four colorful columns bearing the designs and dreams of the creative kids who made them.

Stop by the lobby at 500 Cummings Center to view these inspiring <u>Peace Posts</u> in person.

Welcome to Dunham Ridge

These new neighbors recently joined the Dunham leasing community.

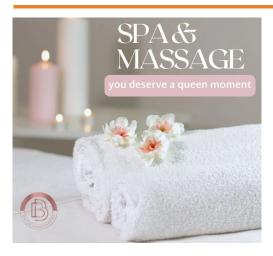
Alamak Biosciences

Precision histology 48 Dunham Ridge, Suite 3450

Novella Infusion

Infusion therapy center 48 Dunham Ridge, Suite 4150

Client Congrats



Beauty and Business Academy & nearly doubled <u>Spa</u> has its operation with the addition of 3,000 square feet. In addition to certified aesthetics courses, the 6,300-square-foot facility now offers comprehensive spa services, such as facials, massage, hair removal, and body, brow, and lash treatments.

Cummings Center leasing clients enjoy 10 percent off the first visit.

Call 978-536-1812 or visit the spa (100 Cummings Center, Suite 316-C) to schedule an appointment.

Multiple Cummings leasing clients were recognized in Inc. Magazine's list of America's fastest-growing private annual companies. Congratulations to Beverly leasing clients Lamacchia Realty and MP Wired for HR on making this year's Inc. 5000.







Massachusetts Building Congress will MASSACHUSETTS be honored this month as "Nonprofit Organization of the Year" at *Boston Real* Estate Times' 2023 Excellence Awards.



West Hill was recognized among Mass Lawyers Weekly's "Empowering Women 2023," a new publication that aims to highlight law firms with a demonstrable history of supporting and empowering women attorneys. <u>Learn more online</u>.

RAN Biotechnologies

Next-gen lab consumables and devices 48 Dunham Ridge, Suite 3900

Special Offers



50% Off Smoke-free and Weight Loss Hypnosis <u>ezhypno.com</u>

100 Cummings Center, Suite 321-B, Beverly Receive a 50 percent discount on five sessions of smoking cessation or weight management hypnosis therapy. <u>Visit the website</u> to schedule a complimentary phone consult with **Richard Mullen**, a certified hypnotist with more than 35 years of

experience. Services include in-office visits, phone and Zoom sessions, and group/community education programs.

The standard charge for this hypnosis package is \$379. The special price is \$189.50 (about the cost of two cartons of cigarettes). This exclusive offer is available to all Cummings client firms and expires **October 31**, **2023**.



<u>New Client Specials</u> <u>A Squared Media</u>

100-D Tower Office Park, Woburn

Members of the Cummings leasing community are invited to take advantage of special introductory package pricing for strategic video marketing. Contact **Andre Santos**, co-founder and lead creative, at andre@asquaredmediaboston.com or 203-725-2717

for additional details.

Cummings Buildings Power Charities

Welcome Aboard: Cummings has long enjoyed a special relationship with <u>Tufts</u> <u>University</u>, and is delighted to welcome newly appointed president <u>Sunil Kumar, Ph.D.</u> (pictured, between Bill and Joyce Cummings) to Cummings Foundation's board of trustees.



We offer our sincere gratitude

to former Tufts president <u>Anthony Monaco, M.D., Ph.D.</u> for lending his knowledge, leadership, and passion to the Foundation's oversight during his years of service as an active trustee. (He will continue to serve as trustee *emeritus*.)

As with his predecessor, we look forward to benefiting from Dr. Kumar's ample strengths as an educator, administrator, and social progress advocate, and to furthering Cummings' partnership with the venerable institution he leads. Learn more about Dr. Kumar through <u>this engaging introductory video</u>.



Final Chance to Apply: Local nonprofits have mere days left to submit a letter of inquiry (LOI) for the 2024 cycle of <u>Cummings</u> <u>Foundation</u>'s annual grants program. Submitting an LOI **by September 8** is the first step toward applying to become one of

150 grant winners to share in \$30 million next June. <u>Learn more online</u>, and please spread the word to nonprofits that are doing important work in local communities.

To Do This Month



<u>Free Electronic Waste Collection</u> Tuesday, September 19, 10:00 AM-noon 164-K loading dock, Cummings Center, Beverly

Recycle old computers, printers, routers, phones, and more. See <u>this flyer</u> for date, time, location, and a full list of acceptable drop-off items. Sponsored by <u>Circuitry Recycling</u>.

Note: For general office waste, all Cummings Center firms are reminded to adhere to <u>these trash disposal and recycling protocols</u>.



For Economic Development

Policymakers Series

North Shore Alliance for Economic Development

Wednesday, September 27, 11:30 AM-1:00 PM

Salem State University, Harrington Campus

Marsh Hall - Petrowski Room, 121 Loring Avenue, Salem

Massachusetts Executive Office of Economic Development secretary **Yvonne H a o** will present on the Healey-Driscoll Administration's strategy for economic development. <u>Attendees must register for this event</u>.

Save the Date



Basic Mediation Training The Resolution Center

Tuesday, October 17-Saturday, October 28 *100 Cummings Center, Suite 307-J, Beverly* Experienced coaches will train participants in basic mediation and conflict management via an

eight-session course. This seminar includes virtual and in-person learning (in Lynn, MA), and meets the Commonwealth's requirements to establish mediator confidentiality. Please <u>register online</u> **by September 22**.

Battle-Tested Recruiters Speak Cummings Women's Business Network Tuesday, October 24, 11:30 AM-1:00 PM Community Conference Room 100 Cummings Center, Suite 221-E, Beverly



Experienced recruiters from <u>FlexProfessionals</u> will discuss current trends in the hiring market and share recruiting strategies geared toward small businesses. This interactive panel discussion includes a light lunch, and registration is required. <u>Please register online</u> **by Friday, October 20**.

Friendly Reminders

Holiday: In observance of Columbus/Indigenous Peoples' Day, Cummings' offices and maintenance departments will be minimally staffed on **Monday, October 9**.

No Friction, Please: Please be careful not to damage carpeting when moving furniture and materials within a suite or along common hallways. Items should never be *dragged* on carpeting, as doing so will frequently create permanent friction burns that are unsightly and require costly carpet replacement. Thank you for your cooperation.

Take It Slow: Proper driving etiquette is *critical* to the safety of pedestrians and motorists at all Cummings buildings. Motor vehicle operators should observe the **15-MPH speed limit** at all times as well as heed all traffic signs, pedestrian crossings, and speed bumps. Please advise employees and visitors to *drive with caution*.



Community Milestones

20th Anniversary Celebrations: Welcome, <u>**ProSpeed.Net</u></u> and Sean Z. Keough Law Offices**, to Cummings' 20-year club! We look forward to partnering with you both for many decades to come.</u>

Pictured, from left: Cummings associate GM **Stephanie Aitchison**, ProSpeed president & CEO **Arm Azad**, ProSpeed network operations manager **Paul Andrews**, and Cummings ops counsel **Damien Savoie**; Cummings account manager **Jennifer Regan** and <u>Sean Keough</u>.





Happy Trails: We wish a fond farewell to Cummings receptionist and admin **Judy Lenz**, who will retire later this month.

For 16 years, Judy has been the face of Cummings Center, providing a warm welcome to all who have entered our Beverly Leasing Office.Congratulations, Judy! You will be missed.



Local News

The North Shore is leading the Commonwealth in job creation, according to data released by Executive Office of Labor and Workforce Development. From July 2022 to July 2023, employment in the **Peabody-Salem-Beverly** region increased by nearly 4 percent. Learn more about the local labor market.



It is our great pleasure at Cummings to accommodate so many of the Beverly-based

businesses that contribute to the strength of this region's economy.



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to <u>newsbrief@cummings.com</u>.

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or <u>view this flyer</u> to learn more.

Earn \$1 per square foot for a successful lease with us, with a minimum referral bonus of \$1,000!

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Client Directory cummings.com	Service Call Request	Executive Office Suites
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If you no longer wish to receive our emails, you may unsubscribe below. Unfortunately, if you unsubscribe, you will not receive important building		

notices such as water and electric shutdowns or fire alarm testing.

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