

Cummings MetroNorth News

CUMMINGS CENTER / DUNHAM RIDGE

October 2024

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients in Beverly. <u>Sign up here</u> to enjoy the latest client news, events, special offers, and more.

Seen Around Campus



DriveRx promotes independence through adaptive driving training, clinical driving evaluations, and readiness to drive assessments. Pictured, (l to r) occupational therapists **Renee D'Antuono** MS, OTR/L, CDRS, PDI a n d **Amanda Holt** MS, OTR/L, DRS join the Cummings leasing community.

Welcome, New Neighbors

247drums

100 Cummings Center, Suite 264-E Drum sales and music lessons

Life's Crossroads Therapy

100 Cummings Center, Suite 435-G *Mental healthcare*

BZI Pharma

100 Cummings Center, Suite 241-D Drug discovery

Create and Play Kids

100 Cummings Center, Suite 206-K *Education*

DriveRx

100 Cummings Center, Suite 307-K *Adaptive driving training*

Harbor Management Corporation

100 Cummings Center, Suite 224-G *Property management*

Amy Marsili, LICSW

100 Cummings Center, Suite 330-H *Counseling*

Northeast Health Services

50 Dunham Ridge, Suite 3200 *Mental healthcare*

Siden & Associates

100 Cummings Center, Suite 220-B *Business litigation*

Workspace

500 Cummings Center, Suite 6500 *Flexible office solutions*

Stay in the Know



Having trouble keeping current with the area's fast-moving science and tech sectors? Cummings can help. Sign up for the <u>Life Sciences</u> and <u>Technology Update</u> to receive

each month's industry highlights straight from your inbox.

Fight the Flu



Nimvax (600 Cummings Center, Suite 165-Z) is the nation's first vaccine-only pharmacy. No-wait onsite flu shot appointments are available Tuesday through Saturday, 9:00 AM-4:00 PM, and may be scheduled by phone (617-819-2980) or online.



Quadrant Health Strategies (500 Cummings Center, Suite 4350) offers same-day appointments for flu vaccination. To schedule a shot, please call 978-532-2428 or 978-998-3173.

*Note: This provider does not accept insurance. Vaccines can be paid for by the patient or the patient's employer at the time of the appointment.

Please <u>consult the Client Directory</u> for a comprehensive list of the healthcare providers in and around Cummings Center and Dunham Ridge. Below are several ways to help <u>stop the spread of influenza</u> and other illnesses in the workplace.



Noteworthy News



Essex County Community Foundation (ECCF) opened the application for its Digital Equity Partnership Grants program. Through this philanthropic initiative, ECCF will award funding of up to \$50,000 to nonprofits working in concert with another organization to address barriers to digital equity. Learn more online.



Jim Ansara, co-founder and managing director International of **Build Health International**, was awarded a 2025 AARP Purpose Prize award. Read more

about this honor, extended annually to extraordinary nonprofit founders 50 years and older from across the country.



With 40 premium offices, two large meeting rooms, ample co-working space, and virtual office services, Workspace Beverly provides

flexible, affordable office solutions for professionals. Learn more online, or book an in-person tour.

Special Offer



10% Off for Cummings Center Firms Wakefield Moving & Storage

100 Cummings Center, Suite 113-E1

Cummings Center leasing clients will receive 10 percent off any residential move. Book commercial moving services to receive this great discount plus 50 free packing crates—a \$250 value. Contact Darcy Hall at 781-548-0382 or dhall@wakefieldmoving.com to learn more and schedule services.

All Profits to Nonprofits

Grant Cycle Update: The annual <u>Cummings</u> \$30 <u>Million Grant Program</u> continues to draw a large, competitive pool of applicants, with local nonprofits collectively filing 703 proposals for consideration last month. Each of these organizations is vying to receive one of the 150 grants to be awarded next June.

The applicants represent a wide variety of causes, including education, food insecurity, elder care, social justice, and, newly eligible this year, several <u>causes related to the environment</u>.



The Foundation's team of volunteer reviewers is now evaluating the proposals to determine which will be invited to advance to the full application stage. Watch this brief video to hear from a few of these community members about the rewards of working Foundation volunteer.



To Cummings Properties' more than 2,000 leasing clients, thank you for your tenancy, which is so enormously helpful in funding the Cummings organization's good works.

Get the full story behind All Profits to Nonprofits.

Welcome, New Trustee: We are pleased to welcome esteemed author, businessperson, and social justice advocate **Carol Fulp** as a Cummings Foundation trustee. The founder of <u>Fulp Diversity</u>, this former United Nations representative now acts as a public speaker and strategic advisor on diversity, inclusion, and culture to CEOs and senior executives.



Fulp was welcomed to the Board at its recent Annual Trustee Meeting. Among the

attendees that evening were (l to r) **Jim Yong Kim**, M.D., Ph.D., president (retired), Dartmouth College and World Bank; **Sunil Kumar**, Ph.D., president, Tufts University; **Joyce** and **Bill Cummings**, co-founders, Cummings Foundation; **Mike Kennealy**, senior advisor and chief strategy officer, Boys & Girls Clubs of Boston; and **Carol Fulp**, CEO, Fulp Diversity.

To Do List



Women in Technology Forum
North Shore Technology Council
Wednesday, October 9, 5:00-8:00 PM
DoubleTree by Hilton Hotel
50 Ferncroft Road, Danvers

Learn from industry experts at the third annual forum **Better Together: The Power of Partnerships & Mentoring in Times of Uncertainty**. The evening's program will include a keynote presentation by **Julie Chen**, chancellor of UMass Lowell, as well as a panel discussion moderated by **Louise Kennedy**, founding attorney of Cummings leasing client **West Hill Technology Counsel**. Please register online.



EXYO Planet: A Visual Journey
Express Yourself and Endicott College
Thursday, October 10-Monday,

November 25

Endicott College, Manninen Center for the Arts 406 Hale Street, Carol Grillo Gallery, Beverly

Explore stunning sets and artwork created by the student artists at nonprofit **Express Yourself**. All are welcome to attend a free reception on the exhibition's opening night, <u>Thursday, October 10, from 5:00 to 7:00 PM</u>.



Affordable Care Act Compliance
MP: Wired for HR
Wednesday, November 13, 1:00 PM
Live webinar

During this live webinar, industry experts will present on the Affordable Care Act, highlighting key requirements, recent updates, and the pitfalls of non-compliance. Please register <u>online</u>.



Annual Salute to Veterans
Breakfast
North Shore Chamber of
Commerce
Friday, November 8, 7:15-9:30 AM
Danversport Yacht Club
161 Elliott St. (Route 62), Danvers

Join North Shore Chamber of Commerce and premiere sponsor

<u>Wellpoint</u> in honoring the region's veterans and military. Businesses can participate by sponsoring this patriotic event, which allows veterans and active military members to enjoy the event at no charge. The program will feature the presentation of the Minuteman Service Award, recognizing selfless dedication and support of our military and veteran communities.

For information on becoming a Freedom Sponsor or Patriot Sponsor, please email **Cheryl Begin** at cheryl.begin@northshorechamber.org or click.begin@northshorechamber.org or click.begin@northshorechamber.org or



2024 Education and Workforce

Development Conference

Gloucester Marine Genomics Institute

Thursday, November 21, 9:00 AM

Cruiseport Gloucester

6 Rowe Square #3057

This six-hour event will include networking, discussion panels, and biotech industry speakers as well as a catered lunch. Learn more and register <u>online</u>.

Local News



Join the Conversation: Beth Israel Lahey Health, which includes Winchester Hospital, Lahey Hospital, and Beverly Hospital, wants your input as it plans for another year of patient care and community outreach. Qualify for a chance to win a \$100 Visa gift card by completing this anonymous, 15-minute

<u>Community Health Needs Assessment</u> **by November 1** and sharing your impressions of the resources currently available.

The Latest at Cummings



"At its core, commercial real estate is about community building." -Dennis Clarke

Cummings chairman & CEO **Dennis Clarke** sat down with **Robert Reiss**, founder & CEO of <u>The CEO Forum Group</u>, to discuss Cummings' "unorthodox approach." Learn what led Reiss

to call the Company "one of the most fascinating, well-run organizations" via this engaging, 20-minute interview.

New England Real Estate Journal featured Cummings design manager Jen Davidson in its



2024 Women in Commercial Real Estate Spotlight. After 25 years in the industry, Jen has gleaned many insights about working in commercial real estate. Check out her secrets to success on the job and beyond in this informative Q&A.

Friendly Reminders

Pay Rent the Easy Way: Forget checks. Ask about our new, simplified EFT (electronic funds transfer) Enrollment process. Call your account manager at 978-922-9000 to request the form via RightSignature, a secure e-signature service similar to DocuSign, and start paying rent the easy way.



Park the Wheels Outside: As specified in our Client Rules and Regs, the use of vehicles, wheeled devices, or motorized personal transporters (e.g., bicycles, skateboards, scooters, "segways," etc.) inside any Cummings building is prohibited, other than wheeled or motorized devices that are required for the user's mobility. Please remind all staff and visitors of this important safety practice and

contact your account manager (978-922-9000) with any questions.

Fall Back: Daylight Saving Time ends **Sunday, November 3** Remember to set the clocks *back* one hour before going to bed on **Saturday, November 2**.

Cummings in the News

*Some of the publications below may require a subscription. This list is intended to provide a general idea of the type of news coverage Cummings has garnered in recent weeks.

<u>Cummings Foundation's New Horizons Community Launches Local</u> <u>Service Program</u>

Community Advocate - September 28, 2024

Rucker Investments expands to 15,000 s/f at 500 Cummings Center New England Real Estate Journal - September 13, 2024

<u>Science from Scientists Expands National Footprint to Woburn</u> *High Profile* - September 12, 2024 <u>Cleantech Startup Active Surfaces Moves from Somerville to Woburn</u> *Boston Real Estate Times* - August 22, 2024

<u>ProTom International Signs 11,000 s/f Lease with Cummings Properties</u> *New England Real Estate Journal -* August 9, 2024



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to newsbrief@cummings.com.

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or view this flyer to learn more.

Earn \$1 per square foot for a successful lease with Cummings, with a minimum referral bonus of \$1,000!

Woburn Lab with Clean Room

16,000 SF | Just Off I-95/I-93 | Woburn Clean Tech Hub



View Flyer

View Featured Suites









If you no longer wish to receive our emails, you may unsubscribe below. Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns or fire alarm testing.

Cummings Properties, LLC | 200 West Cummings Park | Woburn, MA 01801 US

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