



Cummings MetroNorth News

CUMMINGS CENTER / DUNHAM RIDGE

May 2025

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients in Beverly. [Sign up here](#) to enjoy the latest client news, events, special offers, and more.

Workplace Excellence

Congratulations to **Bright Horizons** and **Vi-Leon** on earning recognition among *Boston Business Journal's* 2025 "Best Places to Work" in the extra large and extra small categories, respectively.



Welcome, New Neighbors

A.B. Aesthetics

100 Cummings Center, Suite 424-H
Eyebrow and eyelash services

Rent Mother Nature

100 Cummings Center, Suite 321-H
Sustainable gifts

BL Mosher Consulting

900 Cummings Center, Suite 211-U
Business management consultant

The Secret of Beauty

100 Cummings Center, Suite 326-D
Makeup and eyebrow services

FORGE

100 Cummings Center, Suite 313-H
Business development support

Trimarchi Electrical

100 Cummings Center, Suite 427-G
Residential contractor

Mindful Psychology

100 Cummings Center, Suite 330-B
Mental healthcare

Lauren C. Williams

100 Cummings Center, Suite 328-K
Mental health counseling

A Night to Remember

Team members from **BodiScience Wellness Center & Spa** and **Ophthalmic Plastic Surgery** met up in April as sponsors of *Northshore* magazine's "Future of Beauty" event. Held at Andover Country Club, the occasion brought together leaders in wellness, beauty, and lifestyle from across the region.



Pictured: (left) **Dawn Tardif** and **Courtney Markos**, of **BodiScience Wellness Center & Spa**, and (right) **Dawn Tardif** with **Dr. Ioannis Glavas** and the **Ophthalmic Plastic Surgery** team.

Treat Yourself



\$50 Off Facials and Peels with Lisa
Siana Aesthetics Medical Spa
100 Cummings Center, Suite 244-C, Beverly

Cummings Center leasing clients are invited to treat themselves to \$50 off all facials, peels, and Hydrafacial treatments with licensed aesthetician **Lisa Kesselman Tuesdays and Wednesdays through June 30**. Book now [online](#), via text (781-405-1447), or by phone call (978-993-8300).

Siana Aesthetics Medical Spa is conveniently located by door 150A, along East Drive. (Exit the elevator at the second floor, turn right, and proceed to the big pink entrance on the left.)



Free Fitness Class
CrossFit Variance Plus
100 Cummings Center, Suite 135-E, Beverly

Start your fitness journey with a complimentary fitness class or open gym session. Schedule your free workout [online](#).

Join the Conversation



In conjunction with an ongoing electric vehicle education campaign, **North Shore Technology Council** and Massachusetts Clean Energy Center are seeking feedback from business owners with company vehicles and/or clients and staff who drive electric vehicles. All who complete [this brief survey](#) will be entered in a raffle to win \$50.

Please refer to [this flyer](#) for additional information.



A recent feature in *Forbes* magazine uses the [Giving Pledge](#) to shine a light on the state of global philanthropy. [Read the inspiring story online](#), including comments from [Cummings Foundation](#) co-founders (and long-time Giving Pledge signatories) **Joyce** and **Bill Cummings**.

Milestone Anniversaries

Thank you and congratulations to the longstanding resident firms that celebrated a 20th leasing anniversary in recent weeks. Pictured below, team members from Cummings deliver commemorative captain's chairs to honor this major milestone.



Steve Drohosky (far left) and **Mary Carroll** (third from left), of Cummings, with **Hannah Bowen**, **Bill Saa**, **Anya McDavitt**, **Arnold Armas Rojas**, and **Jeffri Uber**, of [The Resolution Center](#).



Left: **Zach** and **Craig Perkins** (left and right), of **Market Makers**, with **Steve Drohosky**, of Cummings. Right: **Joe Papa**, of **Abbott Cards** (seated), with **Justin D'Aveta**, of Cummings.



Left: **Jeff** and **Mark Sarcione** (center left and center right), of **Sarcione & Associates**, with **Stephanie Aitchison** and **Eric Cohan**, of Cummings. Right: **Steve Drohosky** (far left) and **Ryan McRae**, of Cummings, with **Dr. Richard Mugge** and **Terry O'Callaghan**, of **North Shore Ear, Nose & Throat**

To Do This Month



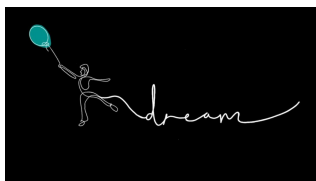
Casual Conversations with Women in the Sciences

North Shore Technology Council

Tuesday, May 13, 4:00-6:00 PM

InnoVenture Labs, 100 Cummings Center, Suite 451-C, Beverly

Meet, network, and share experiences with women and others in technical careers. This informal conversation is open to anyone in leadership, science and engineering, or a support role in the life sciences, biotechnology, applied sciences, or clean tech fields. Please reserve your place in advance.



2025: DREAM

Express Yourself and Massachusetts

Department of Mental Health

Thursday, May 22, 7:00 PM

Boch Center – Wang Theatre, 270 Tremont Street, Boston

Join nonprofit **Express Yourself** for its 31st annual performance, featuring more than 300 youths as well as The Pack Drumline, cast members from STOMP, “The Voice” contestant Ricky Duran, TEN31 Productions, Boston Children’s Chorus, In the Mak’n, and Boston’s Best Musicians. Learn more and register for this complimentary community event.



After Hours Networking

North Shore Chamber of Commerce

Thursday, May 29, 5:00-7:00 PM

Ferncroft Country Club, 10 Village Road, Middleton

Join the Chamber to meet friends and make business connections. Come mingle on the deck overlooking the greens while enjoying light fare and passed hors d'oeuvres, along with a cash bar. Please [register online](#).



Biosciences Panel Discussion

North Shore Technology Council

Thursday, June 5, 4:30–7:30 PM

Community Conference Room, 100 Cummings Center, Suite 221-E, Beverly

Join industry experts for **Advancing Biotech/Pharma Pipelines by Outsourcing Science**, a panel discussion exploring the key benefits and considerations of partnering with CROs and other external vendors to streamline R&D and manufacturing. [Reserve your spot online](#).

Happening Around Town



Warrior Weekend 2025

City of Beverly

Saturday-Sunday, May 17-18, 10:00 AM-2:00 PM

Beverly High School, 100 Sohler Road

Planned events include reenactments and demonstrations as well as a reptile show, virtual skydive, martial arts demo, and more. View [this flyer](#) for an overview of the weekend's planned activities, and stay up to date [online](#).



Free Screening: "Rohna: Classified" Documentary

Thursday, May 22, 7:00 PM

The Cabot, 286 Cabot Street, Beverly

Featuring late World War II veteran **Saul Gurman**, formerly of Beverly, "Rohna: Classified" exposes the long-suppressed events surrounding the largest loss of life at sea in the history of American warfare. This free screening includes one free popcorn for all guests, and a Q&A will follow the film. Doors open at 6:30 PM. [Register online](#) to reserve your seat, and click the "play" arrow above for a preview.

Friendly Reminders

Upcoming Holiday: Cummings Properties' offices will be closed **Monday, May 26**, in honor of **Memorial Day**.



Fire Hazard: Dry weather makes mulch fires a serious concern. Improperly extinguished tobacco products are a frequent cause of mulch fires, which can spread rapidly, causing costly property damage and—most importantly—endangering the wellbeing of

people in the area. If you see smoking or burning ground, please call 911 immediately.

Cummings in the News

*Some of the publications below may require a subscription.

[Cape Ann Chamber Member Spotlight: Cummings Properties](#)
Greater Cape Ann Chamber of Commerce - April 29, 2025

[Duffy Insurance Agency Opens Office at Dunham Ridge](#)
Boston Real Estate Times - April 15, 2025

[InBloom Autism Services Signs 10K SF Office Lease in Woburn](#)
RE Business Online - April 4, 2025

[Bill Cummings Named Medford Chamber's Citizen of the Year](#)
Medford Patch - April 4, 2025

[Reveneer Relocates Headquarters to Woburn's TradeCenter 128](#)
Boston Real Estate Times - April 2, 2025

[So. Essex Registry of Deeds, Now in Beverly, Warns of Scammers](#)
The Salem News - March 17, 2025

[Emvolon, Cummings, & Middlesex 3 Coalition Host Cleantech Panel](#)
New England Real Estate Journal - March 7, 2025

[2025 Women in Construction: Alyson Sovie, Cummings Properties](#)
New England Real Estate Journal - February 28, 2025

[Empower Physical Therapy and Performance Expands to Wakefield](#)
New England Real Estate Journal - February 28, 2025



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to newsbrief@cummings.com. Submissions may be edited for length and style.

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or [view this flyer](#) to learn more.

Earn \$1 per square foot for a successful lease with Cummings, with a minimum referral bonus of \$1,000!

Woburn Corner Office Suite

Available July 1 | 16,900 SF | Close to I-93/I-95



500 West Cummings Park, Woburn - Third Floor

[View Flyer](#)

[View Featured Suites](#)

Scenes From “The Shoe”

A window into the historic Cummings Center site, formerly home to United Shoe Machinery Co.

481988132_1233743442093618_6119707706870175791_n image

The Shoe complex was so massive that messengers were given roller skates to facilitate the delivery of documents and parcels to employees across the factory's 25 acres of floor space.

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If you no longer wish to receive our emails, you may unsubscribe below. Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns or fire alarm testing.

Cummings Properties, LLC | 200 West Cummings Park | Woburn, MA 01801 US

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