



Cummings MetroNorth News

CUMMINGS CENTER / DUNHAM RIDGE

December 2025

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients in Beverly. Please share with your colleagues, who can [sign up here](#) to enjoy the latest client news, events, special offers, and more.

Seen Around Campus

Greater Beverly Chamber of Commerce hosted a ceremonial ribbon-cutting to welcome medical spa **Integrative Wellness** to the organization and its new home at 100 Cummings Center.

Pictured: **Integrative Wellness** founder/owner **Molly Gonzalez**, PhD, MSN, FNP-BC and **Cummings Properties** account manager **Mary Carroll**. [See more via Facebook.](#)



Welcome, New Neighbors

Eden G. Davies

Mental healthcare

900 Cummings Center, Suite 4118-U

Journey ABA NE

Applied behavior analysis therapy

100 Cummings Center, Suite 106-F

Ellie Mental Health

Counseling

100 Cummings Center, Suite 101-D

Client Congrats

Numerous Cummings clients earned spots on *Globe Magazine's* "[Top 100 Women-Led Businesses in Massachusetts](#)." This list, produced annually by The Women's

WOMEN & POWER

2025

Edge and *The Boston Globe*, seeks to spotlight women who are driving the region's economy.

- M&T Bank, Grace Lee
- Northeast Arc, Jo Ann Simons
- May Institute, Lauren C. Solotar
- Hexagon Properties, Sandy Edgerly
- Mass Eye and Ear, CarolAnn Williams
- The Home for Little Wanderers, Leslie Suggs
- Mass General Brigham Medical Group, Lindsay Gainer
- Morgan Memorial Goodwill Industries, Joanne K. Hilferty
- Action for Boston Community Development, Sharon Scott-Chandler
- Beth Israel Lahey Health, Susan Moffatt-Bruce, Roberta Herman, and Alexa B. Kimball



Northeast Health Services

A MEMBER OF TRANSFORMATIONS CARE NETWORK

Northeast Health Services, a member of Transformations Care Network, is growing its local footprint with a new Billerica

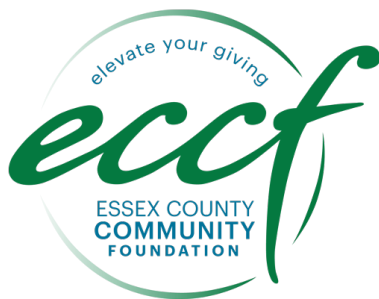
location. The national provider currently operates more than 30 behavioral health clinics throughout Massachusetts, including practices at three Cummings locations: Dunham Ridge, in Beverly; Tower Office Park, in Woburn; and North Road, in Sudbury.

Noteworthy News



Ellie Mental Health Beverly is now open and accepting new clients. Founded with the intent to destigmatize mental healthcare, Ellie offers judgement-free, compassionate support via telehealth as well as on its comfy

couches at 100 Cummings Center, Suite 101-D. Visit the website, call 978-735-2320, or email elliema18702@elliementalhealth.com to learn about the Cummings Center team and schedule your first session.



Essex County Community Foundation launched the Essex County Veterans Fund, a vehicle for sustained investments in the health and well-being of the more than 25,000 veterans living in the region. Read the full announcement for more on building long-term support for individuals who have served in the armed forces.



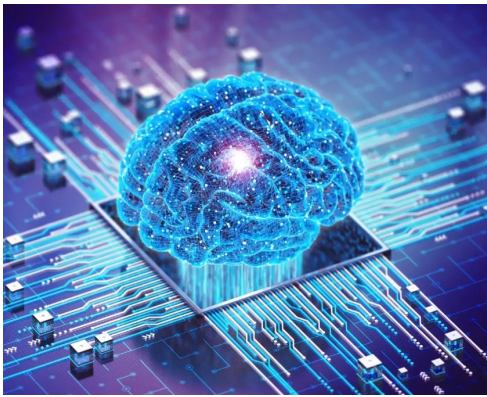
MDC Associates expanded its operation with the addition of three new clinical and regulatory professionals. Visit the website to browse full-service solutions for in vitro diagnostics companies.



The 2026 grant cycle is well underway. From a record crop of 959 funding proposals, a steadfast crew of community volunteers selected 318 organizations to advance to the full application stage. Staff at these nonprofits have until **January 14** to apply for one of 150 grants to be awarded in June through the annual **Cummings \$30 Million Grant Program.**

To Cummings Properties' more than 2,000 leasing clients, thank you for your tenancy, which is so enormously helpful in funding the Cummings organization's good works.

Business Resource



Kevin Roy, of **GreenBanana SEO**, explores the evolving landscape of digital marketing in a thought-provoking piece on the next frontier in AI search optimization. Visit LinkedIn to check out Roy's breakdown of "reranker-guided retrieval," wherein online search results will be pulled not from the keywords entered but rather from what AI perceives to be the

broader intent of the search.

To-Do List

Quarto

Book Sale

The Quarto Group

Monday-Wednesday, December 8-10, 10:00 AM-4:00 PM

100 Cummings Center, Suite 265-D

Discover beautifully designed, information-rich books for adults, children, and the whole family—perfect for holiday gifting or your own collection. Please bring your own bag to this deeply discounted, cash-only event.

Meet Leaders in Economic Development **InnoVenture Labs**

Wednesday, December 10, 11:00 AM

100 Cummings Center, Suite 451-C

Enjoy coffee and conversation with **Hawa Fall**, of Massachusetts Life Sciences Center, and **Maria DiStefano**, of Massachusetts Office of Business Development. Attendees will have the opportunity to learn about initiatives to support the Commonwealth's innovation ecosystem and provide input on the opportunities and challenges facing businesses in the region.

Please RSVP to **InnoVenture Labs** general manager **Stacy Ames** at stacya@innoventurelabs.org.



Winter Mixer

North Shore Technology Council

Wednesday, December 10, 5:00-7:00 PM

The Beacon, 123 Pleasant Street, Marblehead

Celebrate the season with friends and colleagues from many of the North Shore's top tech firms. Tickets are available for purchase [online](#).



January Breakfast Forum

The North Shore Chamber of Commerce

Wednesday, January 7, 7:30-9:00 AM

Essex North Shore Agricultural & Technical School, Danvers

Educational leaders from around the North Shore will provide an engaging dialogue on higher education and adult education. Join the Chamber, along with college and university leaders, to learn how local institutions are preparing the future workforce. [Please register online](#).

Local Culture

According to local guide **Kim Falchek**, one of Massachusetts' most scenic hidden gems can be found right at Cummings Center. Shoe Ponds Walkway offers outdoor enthusiasts a 1.7-mile track replete with lush foliage and water views. Take a moment to [enjoy this deep dive into the majestic trails at Cummings Center](#) via *Only In Your State*.



HOLIDAY HAPPENINGS

CLOSURES: Cummings' offices will be minimally staffed on **Wednesday, December 24**, and closed on **Thursday, December 25** and **Thursday, January 1**, in observance of Christmas Eve, Christmas Day, and New Year's Day (respectively).



SAFE DECOR: Please remember to check with the local fire department before purchasing holiday trees, wreaths, or other live decorations to display in the office, as each municipality has its own safety regulations.



SAYING THANKS: Cummings staff members are pleased to provide the many services included in clients' leases, and they take pride in delivering outstanding results. Please note, however, that staff are not permitted to accept gratuity. For those wishing to express appreciation during the holiday season, thank you notes are always welcome.



SEASONAL SPIRIT: Cummings is delighted to continue its longstanding tradition of sharing the holiday spirit with the gift of a poinsettia for each client firm. Any client who has not received a poinsettia by **Monday, December 8** is encouraged to contact their account manager or pick one up at the leasing office.



SHOPPING MADE EASY: Cummings is home to a diverse collection of businesses that offer an array of products, services, and gift certificates that make great gifts for friends and relatives of all ages. Check out the [Client Directory](#) to shop local. Shopping in a hurry? These Cummings Center firms offer gift cards:

- [BAC Express](#)

- [Orange Nail Studio](#)

- [Bodiscience](#)
- [Early Harvest Diner](#)
- [European Wax Center](#)
- [Four Leggers Doggie Daycare](#)

- [Paula's Hair Salon & Day Spa](#)
- [Regina Pizzeria](#)
- [Soall Café](#)
- [The Energy Barre](#)

Cummings in the News

*Some of the publications below may require a subscription.

[Bill Cummings: North Shore Mettle](#)

The Salem News - November 6, 2025

[Pioneering Cancer Therapeutics Company Celebrates Woburn Grand Opening](#)

MassBio - November 4, 2025

[Local Philanthropists Step in to Help Plug Food Gaps During Shutdown](#)

Bloomberg - November 1, 2025

[Cusano, of Cummings, Shares Industry Trends and Insights](#)

New England Real Estate Journal - October 31, 2025

[Swiss Biopharma Developer Expands to Woburn](#)

Boston Real Estate Times - October 27, 2025

[Carroll, of Cummings, Represents Joyce and Bill C. at Top Influencers Event](#)

Northshore magazine - October 24, 2025

[Cabot Wealth Management Leases 6,700 SF at Dunham Ridge](#)

New England Real Estate Journal - October 24, 2025

[BodiScience Relocates Within Cummings Center](#)

Northshore magazine - October 17, 2025

[Highland Electric Fleets, of Cummings Center, to Drive LA Olympics](#)

The Salem News - October 15, 2025

[Cummings Properties Named 2025 Mass Save Climate Leader](#)

Boston Real Estate Times - October 9, 2025

[Pressed Café Heading to Beverly's Cummings Center](#)

What Now Boston - October 7, 2025

[Lumin Health Expands to TradeCenter 128 in Woburn](#)

Healthcare Industry Today - October 2, 2025

[Rotner Joins Cummings Foundation Board](#)

MassNonprofit News - September 29, 2025

We want to hear from you! Do you have news or a



great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to newsbrief@cummings.com. *Submissions may be edited for length and style.*

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or [view this flyer](#) to learn more.

Earn \$1 per square foot for a successful lease with Cummings, with a minimum referral bonus of \$1,000!

Andover Office and R&D Suites

**First-class Building | Office and Flex
3,500 - 7,200 SF**



40 Shattuck Road, Andover

[View Flyer](#)

[View Featured Suites](#)

Scenes From “The Shoe”

A window into the historic Cummings Center site, formerly home to United Shoe Machinery Co.



Scene from the plant: automation and standardization in the shoe industry.

[Client Directory](#)

cummings.com

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[Executive Office
Suites](#)



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testing.

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