

#### Cummings North Shore News

CUMMINGS CENTER / DUNHAM RIDGE

New Neighbors, Friendly Reminders, Noteworthy News, and more!

March 17, 2020

## **Notice to Clients**

We appreciate our clients' concerns about the risk of COVID-19. Our team is readily available to answer your questions, and we will continue to send <u>notices</u> as appropriate. For the time being, we have implemented increased cleaning protocols and are closely monitoring the guidance of Centers for Disease Control and Massachusetts Department of Public Health. Please direct specific inquiries to your account manager at 978-922-9000.

#### **E-waste Event**

**Postponed!** Due to recent health concerns regarding coronavirus (COVID-19) we have postponed our spring e-waste event on Wednesday, April 1. We will provide an updated date when it becomes available.

POSTPONED

# Sign of Success

**Loretta Cusick and Michele Chatellier**, 100 Cummings Center, Suite 307-L, recently extended their lease. Congratulations, and thank you for your patronage!

# **Health Advisory**

**The Massachusetts Department of Public Health** offers several precautions people can take to help prevent the spread of respiratory diseases like the flu and COVID-19:



- Wash your hands often with soap and water, or use an alcohol-based gel.
- Avoid touching your eyes, nose, and mouth.
- Clean things that are frequently touched (like doorknobs and countertops) with household cleaning spray or wipes.
- Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.
- Stay home if you are sick and avoid contact with others.
- Get a flu shot, not because it will prevent the spread of COVID-19, but so that you stay healthy and out of the hospital.

<u>More information is available</u> at the Massachusetts Department of Public Health website.

## **Business Spotlight**



**Loretta Cusick**, 100 Cummings Center, Suite 307-L, has been a member of the Cummings Center community since 2000. An experienced psychiatric nurse clinical specialist, she offers a variety of services, including medication evaluations, medication management, psychotherapy, and a weight loss program. Senior Account Manager Mary Carroll recently presented Loretta with an engraved captain's chair in celebration of her 20<sup>th</sup> anniversary as a Cummings Properties client firm.



**We want to hear from you!** Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, and photos to Helen Jeffers at <u>newsbrief@cummings.com</u>.

