



LIVE. WORK. PLAY.

October 2, 2018

New Neighbor Profile



Welcome new neighbor [INDIBA](#), 100 Cummings Center, Suite 227-G, to the Cummings Center community. The Spanish

company manufactures medical devices for active cell therapy, and it works with elite athletes, national federations, Olympic teams, sports clubs, medical doctors, and healthcare professionals. INDIBA has been globally recognized for innovation, research, and patent development. For more information, visit the [website](#).

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Special Offer



[North Shore Pediatric Dental & Orthodontics](#), 100 Cummings Center, Suites 116-T and 119-W, recently expanded its office and services to include

children, teen, and adult orthodontics. The practice is offering Cummings Center employees a free consultation and up to 10 percent off orthodontic treatment, including Invisalign. For more information, call 978-969-6997.



Submit Your News
To be included in a future edition, please email newsbrief@cummings.com.

Upcoming Events

[SeniorCare](#), 100 Cummings Center, Suite 106-H, will have representative available on **Thursday, October 11, from 11 AM to 1 PM**, to discuss the importance of determining and sharing one's wishes for end-of-life care. Since 2012, Honoring Choices' "The Conversation Project" has been inspiring end-of-life conversations within homes and communities, garnering support on national, state, and local levels. For more information about this and other programs of SeniorCare, please contact Kaye Hapshe at 978-281-1750 or visit the [website](#).

We All Scream for Ice Cream: Plans are being finalized for the upcoming building-by-building ice cream events on **Wednesday, October 10 through Friday, October 12**. Keep an eye out for notices announcing when we'll be bringing frozen treats to your building!

Friendly Reminder

Flu Tip Refresher: According to Massachusetts Department of Public Health, flu season runs from October to May, peaking in February. There are many actions people can take to lower the risk of spreading influenza and other illnesses in the workplace, including:

- Get the flu vaccine, especially if you have a condition that makes health complications from the flu more likely.
- Frequently wash hands with soap and water or an alcohol-based hand gel.
- Cough or sneeze into a clean tissue or, if you do not have a tissue, the inside of your elbow.
- Avoid close contact with others who have a cold or the flu.
- Regularly clean items that are often touched by others, such as door handles, phones, faucets, keyboards, and copiers.

For more information about how to avoid and treat the flu, please visit Massachusetts' Health and Human Services [Influenza Information](#) page.

Business Spotlight

Client firm [Mouth Watchers](#), 100 Cummings Center, Suite 435-K, has been a member of the Cummings Center Community since 2017. Dr. Ronald Plotka, a renowned Boston-area dentist, had a passion for offering his patients the best oral care possible, which led him create a toothbrush that would benefit their health. The toothbrushes are available for children and adults, with both manual and powered options that feature a combination of antimicrobial and dual-layered flossing bristles. For more information, visit the [website](#).



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