

Give Back to Your Community



Youth Villages is seeking career coaches and guest speakers for its 2019 Job Prep Training Program, which helps at-risk young adults learn to find stable

employment. Coaches are asked to participate in seven workshops, and will then be paired with a young adult for mentoring. Guest speakers are asked to co-facilitate one workshop on a specialty topic. Learn more about the program [on their flyer](#).

Free Roam Virtual Reality



MindTrek VR Woburn now offers a wide variety of gaming experiences as well as private events with the option of full catering and bar service. Your team might be calm, cool, and collected in the office, but how will they respond to hordes of hungry zombies? To learn more, visit mindtrekvr.com or email events@mindtrekvr.com.

Sports Museum Lifetime Achievement Award Winner

DMSE Sports founder Dave McGillivray recently received [The Sports Museum Lifetime Achievement Award](#), which honors civic or business leaders who have made contributions that have positively impacted the community. Dave is a pioneer in what is now one of the most important aspects of the endurance sports industry – combining athletics with philanthropy. His feats of endurance are legendary, and all for good causes. Learn more of Dave’s story on [DMSE's website](#).



Welcome New Clients

Not including Cummings Center and TradeCenter 128

ArQule

Biopharmaceutical company specializing in the R&D of targeted therapeutics to treat cancer and certain rare diseases

12 Gill Street, Suite 4350, Woburn

Bay State Community Services

Human services agency offering social, behavioral health, substance use recovery, and correctional services

55 Tower Office Park, Woburn

Primerica/Reid J. Burns & Camila M. Burns

Financial advisors

10 Tower Office Park, Suite 412, Woburn

Catherine Hinds Company

Provider of education and training in skin care and esthetics

266 West Cummings Park, Woburn

Federal Injury Center of Woburn

Physical therapy services for federal employees

800 West Cummings Park, Suite 2300, Woburn

Good Harbor Group

An IT services firm specializing in contract IT staffing, professional services optimization, and executive search

60-B Audubon Road, Wakefield

Kemigisha, Jane

Handmade crafts

21 Cummings Park, Suite 236, Woburn

LaVerde's

Convenience store supplier

29 Cummings Park, Suite 404, Woburn

Monarch Pavement

Paving and parking lot maintenance

101 Cambridge Street, Suite 344, Burlington

NA Fitness Personal Training Studio

Fitness studio offering group classes and one-on-one private sessions

50-C Concord Street, Wilmington

North Shore Construction Management

Construction firm handling new construction, additions, renovations, design services, and project management

21 Cummings Park, Suite 236, Woburn

Printex

Print, custom apparel, and promotional products

4-D Gill Street, Woburn

Purinomia Biotech

Biologicals and small molecule development

2-E Gill Street, Woburn

Relocated from Boston Avenue, Medford

Trust Advisory Group

Full-service broker dealer

444 Washington Street, Suite 308, Woburn

Family-Friendly Activities



Another school vacation will soon be here. Choose something different and fun to entertain your children, such as a program at [Gymja Warrior](#) (10-U Gill Street, Woburn), [Jump On In](#) (233 West Cummings Park, Woburn), or [Rivals Baseball & Softball](#)

[Training Facility](#) (92 Cummings Park, Woburn). Feeling adventurous? Book a trip through one of many Cummings clients providing [travel services](#). View a complete listing of Cummings Properties clients on our [client directory](#).

Donate Your Old Eyeglasses



[Healthcentric Advisors](#), a national healthcare quality improvement organization, in partnership with

Woburn Host Lions Club, is collecting old/outdated prescription eyeglasses in conjunction with American Diabetes Association's [Diabetes Alert Day](#).

Volunteer optometrists will sort, clean, and determine the prescription strength of the glasses before the Lions Club dispenses them, free of charge, to children and adults in need. Eyeglasses may be dropped off **March 25-29**, in a collection box at the main entrance of 500 West Cummings Park, in Woburn.

Read more about [reducing one's risk of blindness](#), and consider taking the [Type 2 Diabetes Risk Test](#). For additional information about Healthcentric Advisors or this event, contact Pat Donovan McLeod at 781-287-9158.

Dance Programs



[Kadanse Latin & Ballroom Dance Instruction](#) offers a wide variety of programs catering to every level of

student. Whether planning your wedding dance, tuning your competitive edge, or just wanting to salsa to a healthier you, there is a class for you. Monthly dance parties are also offered in a fun, casual environment. For additional

information or to schedule a free introductory private lesson, call 781-273-2623.

New Client Special

Barre N9ne, 25-H Olympia Avenue, Woburn

Get the first class free, or purchase a 3-pack for \$20.

Click [here](#) to reserve a free class.

Visit the [website](#) to purchase a 3-pack.

-barre n9ne-
STUDIO

15% off Hardcover

[FatCatBooks](#) is celebrating three years at Cummings Park and is offering a 15% discount on any hardcover purchase

between March 1 and April 15, 2019. New items are added weekly, with a selection of paperbacks at only \$2 each. Stop by 400 West Cummings Park, Suite 1450, Woburn, Monday through Wednesday, between 10 AM and 4 PM. Visit fatcatbookshop.com to browse its inventory.

FatCatBooks
rare & unusual

Cummings Buildings *Power* Charities



Cummings Foundation's 2019 \$25 million grant program will culminate with the May announcement of \$15 million in Sustaining Grants and the June announcement of \$10 million in \$100K for 100 grants. In the meantime, its Grant Winner Highlight Reel is sure to make you smile. Check out some of the fun photos, great GIFs, and vibrant videos that grant-winning nonprofits have posted on social media in recent years.

Thank YOU for making these charitable programs possible. The majority of buildings that Cummings Properties manages are actually owned by Cummings Foundation, with 100 percent of all rental profits going to charitable purposes.

Upcoming Events



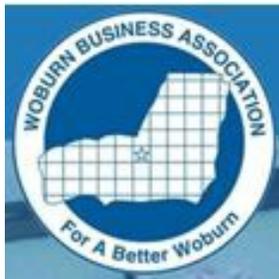
Strega Prime Participates in Dine Out Boston

March 3–8 and March 10–15

Prix fixe lunch: \$20/person; dinner: \$38/person

Price excludes beverages, tax, and gratuity.

For other participating restaurants, click [here](#).



Regional Multi-Chamber Business Expo

Thursday, March 7, 4:30 – 7:30 PM

Crown Plaza Woburn, 15 Middlesex Canal Park Road, Woburn

Speaker: Al Wilson, founder and executive director of Beyond Walls

Hosted by [Woburn Business Association](#). Register [here](#).



Tanner Closet Clothing & Toiletries Drive

Thursday, March 14, 5 – 8 PM

Tudo na Brasa, 414 Main Street, Woburn

Tanner Closet provides Woburn high school students and their families with basic needs such as food, clothing, toiletries, and school supplies.

Click [here](#) for a list of current needs.

Sponsored by [SCI Woburn](#)



Free Electronic Waste Collection

See [flyer](#) for dates and locations.

Sponsored by [Cummings Properties](#) and [Green Network Exchange](#).



Catherine Hinds Beauty Supply Store - Launch Party

Thursday, March 28, 4 – 8 PM

266 West Cummings Park, Woburn

Equipment demos, swag, special in-store promotions, light bites,

and treats.

Learn more information and RSVP to the free event on [Eventbright](#).

Woburn Library Opening Day

Woburn Public Library's [Opening Day Celebration](#) is Saturday, March 16, from 2:00 to 5:30 PM.

After being temporarily located in donated space at Cummings Park, the library will re-open Monday, March 18 at its newly renovated building at 45 Pleasant Street.



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, and photos to Lisa VanStry at ls@cummings.com.

Washington Street Construction Update

The traffic lights in front of Madison Properties' Woburn Landing development at 369 Washington Street were upgraded in mid-February. The new adaptive controls use "smart technology" designed to adjust six light signals along Washington Street based on real-time traffic conditions. According to a Woburn Daily Times Chronicle [article](#), this change is expected to alleviate traffic congestion in the area.

Friendly Reminders

Daylight Saving Time starts **Sunday, March 10**. Remember to set the clocks ahead one hour before going to bed on Saturday, March 9.

Winter Parking Regulations are in effect through **March 31**. [Click here](#) for parking and towing regulations, or contact your account manager with questions.

Avoid the Flu

According to Massachusetts Department of Public Health, flu season is not over. There are many actions people can take to lower the risk of spreading influenza and other illnesses in the workplace, including:

- Get the flu vaccine, especially if you have a condition that makes health complications from the flu more likely.

- Wash hands frequently, using soap and water or an alcohol-based hand gel.
- Cough or sneeze into a clean tissue or, if you do not have a tissue, the inside of your elbow.
- Avoid close contact with others who have a cold or the flu.
- Regularly clean items that are often touched by others, such as door handles, phones, faucets, keyboards, and copiers.

For more information about how to avoid and treat the flu, please visit Center for Disease Control's [Influenza Information](#) page.

Referral Opportunity

Earn \$1 for every square foot your referral leases from Cummings Properties. [See details here](#) or speak with your account manager to learn more about the referral program, these featured spaces, or other spaces available within Cummings Properties' portfolio.

Prominent Top Floor Suite

18 Commerce Way, Woburn | 10,700 SF



A unique opportunity to occupy entire top-floor in prominent, high visibility location.

- Superior window line with outstanding panoramic views and abundant natural light
- Private offices as well as open concept area
- Upgraded finishes throughout suite
- Prominent signage opportunity
- Build-to-suit lab potential

Square feet: 10,700 SF
Sub-dividable: Yes
Community: Woburn
Space type: Office / Lab

Floor Plan





Location

18 Commerce Way is easily accessible directly off I-95 (Route 128) at Exit 36 and 1/2 mile from I-93 at Exit 37C in Woburn.

This prominent location at overlooks the future site of **Woburn Village** - a new lifestyle center with apartments, movie theater, and open air shops.

[Google Map](#)

[Client Directory](#)

cummings.com

[Service Call Request](#)

[Executive Office Suites](#)



If you no longer wish to receive our emails you may unsubscribe below. Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns, or fire alarm testing.