



June 2025

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients. [Sign up here](#) to enjoy the latest client news, events, special offers, and more.

New Treats Off Washington Street

Bombay Baking is now serving fresh, handcrafted buns and breads, street food, burgers, Indian pizza and wings, and specialty pastries at 25 Olympia Avenue, in Woburn.

Stop by or call 781-537-6412 daily from 11:00 AM to 10:00 PM to indulge in quality ingredients and recipes inspired by traditional Bombay favorites.



Seen Around Campus

The leasing community at 500 West Cummings Park, in Woburn, enjoyed a spread of tasty breakfast treats while connecting with each other and team members from Cummings. Pictured, from left: staff from **Focus Care**, **Plummer Youth Promise**, and others sample the goods; event organizers account manager **Chris Perry** (left) and associate account manager **Tommy DeVito** (right), of Cummings, strike a pose with event caterer **Nick Face** (center), of **Empower Woburn**.



Seen Around Town



Active Surfaces CEO Shiv Bhakta (right) and Cummings chief design officer Jim Trudeau (left) traded insights on the journey from incubator to independent facility during a fireside chat held at Greentown Labs, in Somerville.

Welcome, New Neighbors

Not including Beverly and TradeCenter 128

Boston Tag and Label

Custom labels

370 West Cummings Park, Woburn

Cummings Park Dry Cleaners

Dry cleaning and alterations

800 West Cummings Park, Suite 1025, Woburn

Fundamentals of Islam

Educational consulting

21-G Olympia Avenue, Suite 40, Woburn

Taylor Ann Maiuri and Ariana Le Langston

Personal care

21 Cummings Park, Suite 236, Woburn

Nair Esthetics

Day spa

21-G Olympia Avenue, Suite 5, Woburn

North Shore Home Healthcare

Home healthcare

18 Commerce Way, Suite 1250, Woburn

Omega Therapy Practice

Counseling

196 Boston Avenue, Suite 2000, Medford

Performance Physical Therapy Management

Physical therapy

142-N North Road, Sudbury

Jared Venezia

Real estate investments

10 Tower Office Park, Suite 400, Woburn

Noteworthy News

BOSTON TAG & LABEL

Boston Tag and Label provides customized labels, decals, and signage solutions for industries that require durability, compliance, and precision. Learn more at www.bostontag.com.

Supportive Living was awarded \$50,000 from the Ludcke Foundation to fund Neuro-Fit, an



Supportive Living, INC.

— BRAIN INJURY PROGRAMS —

assisted exercise program for individuals living with brain injuries or neurological conditions. Read more about tailored neurological recovery through Neuro-Fit.

To Do This Month

The PROCRASTINATOR Estate Planning Workshop

SEMINAR **WEBINAR**

JUNE 10, 2025 9:30 AM – 11:00 AM	MAY 29, 2025 12:00 PM – 1:30 PM
JUNE 26, 2025 12:00 PM – 1:30 PM	JUNE 3, 2025 12:00 PM – 1:30 PM

Free Estate Planning Workshop

Monteforte Law

Tuesday, June 10, 9:30-11:00 AM

*300 TradeCenter Drive,
Suite 6750, Woburn*

Learn proven strategies to avoid probate court, minimize estate taxes, protect your assets, and keep your estate plan current over time. Please register online to attend this free workshop.

The Emotional Extremist's Guide to Handling Cartoon Elephants

How to solve elephantine emotional problems without getting run over, chased, flattened, squished, or abandoned by your true cartoons

Renee Hoekstra, Psy.D.

(your emotion)

(you)

How to Regulate Challenging Emotions

Renee Hoekstra, Psy.D.

Wednesday, June 11, 7:00 PM

Online seminar

Join **Dr. Renee Hoekstra**, for a free zoom seminar on navigating challenging, complex emotions. Participants will learn basic strategies to reduce emotional suffering, make sense of confusing emotions, and regain command of out-of-control emotional situations.

Please email drhoekstra@reneehoekstra.com to RSVP and receive a link for this online event.

Cummings

BLOCK PARTY!

Block Party

Thursday, June 12, 5:00-7:00 PM

West Cummings Park

Join Cummings and Astound Broadband for live music, cornhole, and local eats from Anna's Taqueria, Empower, Godavari, Teamoji,

Wicked Bagel, and Ipswich Ale Brewery.

Register online **by Tuesday, June 10** to receive a free beer ticket, and sign up the cornhole tournament (sponsored by **Astound**) for your chance to win a cash prize.

Save the Date



Women's Business Summit
SCORE Northeast Massachusetts

Wednesday, September 17, 9:30 AM-3:00 PM

Andover Country Club

60 Canterbury Street, Andover

Attendees will enjoy a series of speakers, roundtables, and networking opportunities as well as morning coffee and lunch. Tickets are available for purchase online.



**We got a
Cummings
Grant!**

Cummings Buildings Power Charities

Grant Announcements: Across greater Boston this week, 150 nonprofits are receiving the welcome news that "Yes, you got it!" These top-notch organizations were awarded multi-year funding through the 2025 cycle of the Cummings \$30 Million Grant Program.

The complete list of grant winners will be posted this month on CummingsFoundation.org. Visit the Foundation's Facebook and Instagram pages to enjoy the many touching, creative reactions from nonprofit staff members.

Thank you to all Cummings Properties leasing clients, whose rent dollars are so enormously helpful in funding all the Cummings organization's good works.



Major Grant for Violence Prevention: "In recognition of all that Boston is doing to be the safest major city in America, Cummings Foundation is delighted to provide \$1 million to strengthen and expand violence prevention programs." Watch Executive Director Joyce Vyriotes offer brief remarks at a recent press conference with **Mayor Michelle Wu** and other Boston leaders.

Special Offer



CONGRATS GRADS!
10% OFF CATERING
Teresa's Italian Eatery and Teresa's Ristorante
MAY 15 - JUNE 30
USE CODE GRAD10



10% Off Catering Orders
Teresa's Ristorante
June 1-30, 2025
400 TradeCenter Drive, Suite
1900, Woburn

Teresa's is celebrating local graduates by offering all patrons 10 percent off catering orders during the month of June. Use code **GRAD10** at checkout to

redeem this discount.

Friendly Reminders

Holiday Closure Ahead: Cummings' offices will be closed **Friday, July 4**, in honor of Independence Day.



Enjoy the Spring: Visit **Sisitzky Park**, between 200 and 400 West Cummings Park in Woburn, to take in the season's gifts. This green space includes a picnic area accented by colorful plantings, granite benches, and cornhole boards. Clients may reserve the park and a charcoal grill *free of charge* on a first-come, first-

served basis. Contact your account manager for details.



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to **Lisa** at tlvs@cummings.com.
Submissions may be edited for length and style.

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or [view this flyer](#) to learn more.

Earn \$1 per square foot for a successful lease with Cummings, with a minimum referral bonus of \$1,000!

First-Class Andover Office Suites

Coming 2025 | 7,600 - 21,000 SF



40 Shattuck Road

Enjoy contemporary design and finishes along with on-site amenities, including a fitness center and micro-mart, at Cummings' 40 Shattuck Road property in Andover. Conveniently located within the River Road business district, right off I-93 and just north of I-495, the location is proximate to numerous desirable amenities, including restaurants, hotels, and shopping.

[View Flyer](#)

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Cummings Properties, LLC | 200 West Cummings Park | Woburn, MA 01801 US

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