



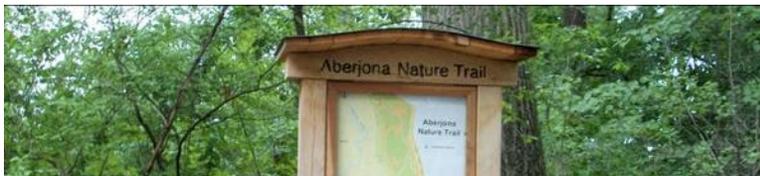
Cummings Properties

NEWSbrief

August 2017

Local News

Woburn has a new conservation area! Looking for a new outdoor space to visit? [The Aberjona Nature Trail](#) provides a place to enjoy walking, bird watching, wildlife observation, photography, exercise, and reconnecting with nature. The trail is located on the left side of Rifle Range Road coming from Salem Street (off Washington), in Woburn.



[Dine Out Boston](#)

August 6-11 and August 13-18

\$15, \$20, \$25 lunches

\$28, \$33, \$38 dinners

View the website for participating restaurants, including [Strega Prime](#).

Quick Links

[Client Directory](#)

[Cummings Properties](#)

[Service Call Request](#)

[Executive Office Suites](#)



Submit Your News

To be included in the next edition, please email group@cummings.com by Friday, August 25.

Special Offers



Five-year Anniversary Special for [Get In Shape for Women](#)

400 West Cummings Park, Suite 1600, Woburn

* 6 sessions for \$126 (\$21 per session)

* 12 sessions for \$228 (\$19 per session)

* 18 sessions for \$279 (\$15.50 per session) with nutrition plan included!

Call Christine at 617-852-8000.

Offer expires August 15, 2017.

Upcoming Events



["Habitudes" for Awesomeness, Breakfast with Erik Swanson](#)

Thursday, August 10, 7:30 AM

Crowne Plaza Boston - Woburn

Hosted by [Woburn Business Association](#)

Click [here](#) to purchase tickets.

**WELLBARRE
PILATES**

Free Lunchtime Pilates on the Mat Class

Thursday, August 17, 12 PM

WellBarre Pilates, 38 Montvale Avenue, Suite 60, Stoneham

Click to [RSVP](#); class is limited to 15 participants.



[Second Annual Beer & Bocce Barbeque](#)

Thursday, August 24, 5:30 - 7:30 PM

Tocci Building Companies, 660 Main Street, Woburn

Hosted by [Woburn Business Association](#)

Click [here](#) to purchase tickets.

**WOBURN
PUBLIC LIBRARY**

[Woburn Public Library](#)

Children can enjoy an end-of-summer reading program party while aspiring writers can take part in a Genre Writer's Workshop. To see the full calendar, visit woburnpubliclibrary.org.



[Summer Fitness Series Continues](#)

Tuesdays at 5:30 PM, through August 29

Cummings Park tennis courts, Washington St., Woburn

Free to Cummings Properties clients, these outdoor sessions will be hosted by a different fitness provider each week.



Free Electronic Waste Collection Events

Coming in September

Start collecting your electronic waste to recycle!

More information to follow.

New Clients / Clients on the move (Excludes Cummings Center and TradeCenter 128)

Brazil for Us

150-T New Boston Street, Woburn
Import transfer station

Fine Fit Fashion and Tailoring

101 Cambridge Street, Suite 270, Burlington
Fashions and tailoring for men and women

First Choice Care

29 Cummings Park, Suite 440, Woburn
Home health care provider

K Framing

100-R Tower Office Park, Woburn
Construction company

Jeffrey W. King, LMHC

10 Tower Office Park, Suite 522, Woburn
Licensed counselor for adolescents and adults

Alpeshkumar Patel

165-U New Boston Street, Suite 275, Woburn
Software developer

Cummings Buildings Power Charities



Cummings Foundation is accepting Letters of Inquiry through October 1 for its **\$100K for 100** grants program, which awards \$10 million annually to nonprofits based in and serving Middlesex, Essex, and Suffolk counties. Clients who know of nonprofits that may want to apply are encouraged to direct them to [the Foundation's website](#) for eligibility requirements, application procedures, and a timeline.

Client News

This month, [MindTrek VR](#) will open a gaming arena in which multiple players can suit up like Navy SEAL team members, explore fantasy landscapes, or fight back zombies. Read the recent [Boston Globe feature](#) on this new business.

[Turnstyle](#), located at 6 Cummings Park, Woburn, was named the best place for spin classes by the editors of [Best of North Shore](#). Clients can choose a class based on their favorite music. The facility offers complimentary shoes for cycle classes and complimentary towels.

The Latest at Cummings



The Big Three! With just three homes left at [Elliott Landing](#), don't let the opportunity to join the most luxurious condominium community on the North Shore pass you by. Tour all remaining homes at our waterfront location- convenient to the commuter rail, boating, golfing, shopping, and downtown Beverly. Now enjoy all the benefits and comfort at Elliott Landing through a **flexible lease-to-own option**. Contact your account manager, or email **Aaron Smith** at sales@elliottlanding.com, to schedule a personal preview today.

Lights, Camera, Action! Cummings Properties' video library is growing, with several recent additions. Explore our diverse offerings through the videos below.

- [Cummings Properties Overview](#)
- [Cummings Center Overview](#)
- [Feature of Cummings Center on "North Shore Journal"](#)
- [Drone footage of Dunham Ridge campus](#)

Referral Opportunity

Earn \$1 for every square foot your referral leases from Cummings Properties.

[See details here](#), or speak with your account manager to learn more about the referral program, this featured space, or other spaces available within Cummings Properties' portfolio.

Office / R&D Space

Andover - 2,500 to 35,000 SF



Now operated by Cummings Properties

Cummings Properties has expanded to Andover with its acquisition of **40 Shattuck Road**, just off River Road at I-93 and I-495, in a thriving corporate neighborhood. This first-class 120,000 SF office/R&D building offers modern light-filled suites in a quiet, picturesque setting.

Friendly Reminders

Updating client emails: To ensure the appropriate personnel are receiving important communications about building maintenance, power outages, etc., client firms are encouraged to periodically share updated contact information with Cummings Properties. Please take a moment to email [Lisa VanStry](mailto:lisa.vanstry@cummingsproperties.com) with the names and email addresses of all employees at your firm who would like to receive building notices as well as this monthly newsletter.

Power play: With the summer heat and the rising cost of electricity, National Grid reminds its customers to conserve energy. In addition to shutting off unused office equipment, it is important to monitor air conditioning. If feasible, thermostats should be turned off in each area after 7 PM on weekdays, and all day Saturday and Sunday. Thank you for doing your part to conserve energy resources.

Mulch is flammable: Cummings Properties experiences dozens of mulch fires every summer, primarily due to improperly discarded cigarettes. Although these fires have been successfully contained so far, they could quickly spread to buildings and vehicles, causing needless damage. Please ***never*** toss cigarette butts into landscaped areas, as bark mulch is flammable.

Upcoming Holiday: Cummings Properties' offices will be closed **Monday, September 4**, in honor of **Labor Day**.



If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns, or fire alarm testing.