

## *New Horizons and The Meadows*

# Community Connection

**October 2005**



**FALL BACK:** Daylight-saving time ends early in the morning on **Sunday, October 30**. Be sure to set your watch and clock *back* one hour before you retire on **Saturday night, October 29**.

**VOTE 2005: Election Day, November 1**, is fast approaching. New Horizons proudly supports the right to vote and provides transportation to the Kane School voting location for all interested residents. Don't miss your chance to cast your vote for our city election! The bus will run at **8:30 AM, 11:30 AM, and 3:30 PM** on that day. No reservations will be required, and the bus departs from the New Horizons lobby area. If you prefer to drive, the Kane Elementary School is on Farm Road, about 1/2 mile beyond the Route 20 lights, on the right side. New Horizons and *Meadows* residents reside in Ward I, Precinct I, so look for that table to pick up your ballot. As Thomas 'Tip' O'Neill said, "All politics are local."



**SALUTE TO VETERANS!** Veterans Day is **Friday, November 11**. We proudly honor and give thanks to the men and women who have served their country and defended this great nation. A display honoring veterans will decorate the lobby of 400 Hemenway during the weeks surrounding Veterans Day. Any resident wishing to display his or her military service memorabilia should contact the Renaissance Department by **October 25**. Additionally, all veterans present will be honored at New Horizons' Town Gathering on **November 10 at 3:00 PM**. Come show your support for the men and women who have served our country in the Army, Navy, Marines, Air Force, and Coast Guard.



**NHTA SCHEDULE:** New Horizons' minibus offers a shuttle with alternating routes between Marlborough, Sudbury, and Hudson. Residents may board this shuttle at the front entrance of 400 Hemenway Street. The shuttle typically departs at **1:15, 2:15 and 3:15 PM**, and stops at various stores and plazas along the route. This service does **not** require advance sign up. The upcoming schedule is below, though always watch daily postings for any unexpected changes.

October 24	Sudbury	Route 20
October 31	Marlborough	Route 20
November 7	Hudson	Route 85
November 14	Sudbury	Route 20



**NOTICE OF RENT ADJUSTMENT:** Due to the extraordinary circumstances created by two hurricanes and the events in the Middle East, some experts are quoting that fuel costs may be 50 percent higher this year. This fact impacts our operations, not just in fuel consumption for heat, but in the cost of services for food manufacturing and delivery, as well as many other hidden costs, overall. While the resources of Cummings Foundation, Inc. certainly afford the campus a greater financial cushion than other communities, residents should expect to see an increase this year or next that reflects the significant economic impact of these current events.

Residents are hereby notified that most Meadows and some New Horizons residents will receive a COLA letter pursuant to the Residence Agreement, Article III. Monthly Service Fees will be increased as of January 1, 2006 according to U.S. Bureau of Labor Statistics Consumer Price Index (Boston, Massachusetts, all items, all urban consumers). This change will be reflected on statements mailed in December for rents effective January 1, 2006.



**MITZVAH SHARING:** Residents are invited to join the Mitzvah students of Temple Emanuel for a cup of hot chocolate and conversation in the Bill Miller Room, on **Sunday, October 30, at 10:15 AM.** Share your, or your family's, Bar or Bat Mitzvah experiences. Arlene Lemieux, who conducts the Sabbath Service on alternate Fridays, hosts this intergenerational conversation. For planning purposes, advance sign-up is required.

**FLU SHOT INFORMATION:** Residents intending to obtain a flu shot this year are encouraged to do so through their physician's office. Although our on-site home health agency, Care Solutions, Inc., will host a clinic near the end of November, the doses available to be administered have not yet been confirmed through the Department of Public Health.

**GREAT WORK - WORTHY CAUSE:** The raffle for the marvelous "Folk Art Quilt" handmade by the "Meadows Quilters," is slated for **October 31.** Tickets are \$1.00 each or six for \$5.00, and may be purchased by contacting **Connie York** in Suite 168 of the 420 building. Mrs. York may also be called at **508-573-1168.** All proceeds will be donated to the **Marlborough Senior Center Emergency Fund**, so don't miss the opportunity to support this worthy cause and take a chance to win an extraordinary work of love.



**ALL THINGS CONSIDERED . . .** Residents have occasionally remarked that they felt rushed when speaking to the Front Desk receptionist on the telephone. Please consider that the receptionist receives more than 500 phone calls on any given day, making it very impractical to provide information or engage in extended conversation. It is the responsibility of the Front Desk to summon the nurse for medical emergencies, forward telephone calls to the appropriate manager, record service calls for maintenance, and maintain reservations for all dining rooms on the campus. It is one of the busiest areas in the community that accommodates the needs of residents, staff, and visitors alike. **Please dial #4 (New Horizons) or 370 (Meadows) to access the Information Center that may answer your questions regarding events on campus, transportation, menu or weather.**

**CHANGE OF SEASON:** With the air-conditioning season at an end, common area heating, ventilation, and air conditioning (HVAC) systems have been set for fall/winter operations. For the comfort of all residents, thermostats are set to maintain a steady temperature range of 73 to 75 degrees. Please call **#0** to report any system malfunction in your apartment, a dining room, lobby, or other common area. Please do not adjust individual common area thermostats, as this will typically create an imbalance in the system and cause discomfort for you and your neighbors.



**IT'S BEGINNING TO LOOK A LOT LIKE . . . THE HOLIDAYS:** With festive decorations beginning to adorn suite doors in *The Meadows* and New Horizons, residents are reminded not to use nails in the door or its frame. Also, fire regulations prohibit items from being placed along the hallways of any building on campus, with the exception of some *Meadows* doors which have an alcove entry. We encourage suggestions for decorations of common areas. Since "beauty is in the eye of the beholder," the Renaissance Department will make the final decision regarding varying tastes and appropriateness of decorations; therefore, please do not be offended if one's suggestions are not accepted.

**"MIS"INFORMATION:** Although events and activities are typically planned a month in advance, sometimes last-minute schedule changes will occur. Occasionally, such events will happen after the Information Center recording has been completed. We apologize for any inconvenience this may cause.

**HOLIDAY GUEST RESERVATIONS:** Holidays on the New Horizons campus are always very special times. Many residents have family join them in the dining room, while others may go out to family gatherings. Please keep the following in mind as you make your holiday plans. The lavish Thanksgiving Buffet Dinner (November 24) is planned for **11:15 AM to 1:30 PM** in the Town Center. Please make your guest reservations no later than **Thursday, November 17**, as we will be unable to accommodate requests after that date. The full buffet can be enjoyed by adult guests for an all inclusive \$15, and \$5 for children eight and under. Stop by the Front Desk to make your reservation. Note that a very limited number of groups *up to a maximum of eight people* can be seated at a few larger tables in Assembly Hall.



**FIRE LANES:** Throughout the day, there are usually many people picking up and dropping off residents. At times this may cause the traffic circle outside of New Horizons' main entrance to become quite busy. We ask that you always refrain from parking your car directly in front of the main entrance, as the Marlborough Fire Department *requires* this space to remain open *at all times* to prevent the possibility of impeding emergency vehicles. We encourage you to take advantage of other parking spaces designated around the traffic circle when picking up and dropping off residents.

**NEW HORIZONS RESIDENTS - FIRE ALARM EVACUATION PROCEDURES:** New Horizons recently experienced back-to-back fire alarms. While no emergency actually existed, the response to both alarms revealed areas in which our response plan might be improved. When an alarm sounds, Front Desk personnel alert the Marlborough Fire Department and other emergency personnel to verify their receipt of the alarm. Residents should **not** call the Front Desk during an alarm, as calls may hinder efficient emergency response. Front Desk personnel are typically unable to answer calls until the emergency has been addressed. Residents should remain in their suites until the alarm is silenced, or until emergency personnel instruct an evacuation. Residents who are outside their suites during an alarm should either return to their suites or exit the building, whichever is closer. As always, any resident experiencing a personal medical emergency during an alarm is advised to call 9-1-1 directly. Your cooperation with fire alarm protocol is extremely vital and appreciated.

**FIRE ALARM EVACUATION PROCEDURES - MEADOWS RESIDENTS:** *Meadows* units are equipped with state-of-the-art smoke detectors, heat detectors, fire alarm horns, fire alarm warning strobe lights, and an automatic fire suppression sprinkler system. In the event of a fire alarm, the high-pitched horns will sound, and a flashing strobe light typically will be activated. All residents and visitors must evacuate the building, using either the north or south staircases or the main entrance. Do **not** use the elevator during an alarm, as power may be cut off unexpectedly. Please review the plan included in your *Living at The Meadows* book to familiarize yourself with the building layout and all points of egress. Your apartment has been shaded blue, the fire exits have been shaded yellow, and your primary exit has been noted with a star.

**NOTE:** See Monthly Events Calendar for transportation information and all major activities.



**WINTER PREPAREDNESS:** To facilitate parking lot maintenance, especially important during snow removal, residents with automobiles on campus are encouraged to submit a set of keys to the Front Desk and sign a release form that allows staff to move their vehicle as necessary. All residents should take note of the snow parking plan *prior* to a predicted snow storm, and park accordingly. In the event that a resident's car is not in the proper location, it will be moved at the resident's expense regardless of whether the keys are in New Horizons' possession or not. For those cars for which we have keys provided in advance, New Horizons will brush off the snow and move them at no charge. With so many cars to move and areas to clear, however, we are unable to return cars to their original locations.



## Some Interesting Facts

- Regardless of the day of the week, Veterans Day is observed on November 11.
- The date was chosen to commemorate World War I, which ended on November 11, 1918.
- Veterans Day was established by Congress on June 4, 1926.
- The purpose of Veterans Day and Memorial Day are often confused. Memorial Day is for honoring military personnel who died in service to their country. Veterans Day is for thanking **ALL** men and women who have served honorably in the military during times of war and peace
- There are currently about 25 million living veterans.
- Over 48 million Americans have served in the military during war and peace since 1776.

## Joint Effort

by Roger W Hancock

Army, Navy,

USMC-Marines,

Air Force, Coast Guard,

National Guard, all Reservists

For your sacrifice eternal thanks.

On your Shoulders our freedom rests,

Liberty from freedom that home fires refine.

Soldiers, Civilians; Armed Forces enforce freedom,

Freedom to civilian liberty, responsible civilian fires refine.

Freedom the natural resource mined; Soldiers, Sailors, Marines,  
Airmen, the Guards; whose signatures signed sealed their sacrifice.

Civilian responsible freedom refine, become exercised liberty.

Armed Forces our liberty secured, allow our great society,

Let their work not be in vain, home fires battle rage,

Activism to uphold truth, apathy will enable lies.

Activist, civilian guard, militia of our society.

As our servicemen on foreign soil fight,

Unjust laws jeopardized our freedom.

U.S. Constitution must be upheld,

Or our liberties will cease.

Apathy in you or me,

Each you and me,

It is up to all.

Ó Copyright May 11, 2003 Roger W Hancock