

New Horizons
MONTHLY UPDATE
August 2011



NEW RESIDENTS: Alexander “Sandy” MacKenzie, Suite 447, grew up in Winchester and joins us from his most recent home in Stoneham. Sandy served in the U. S. Navy during World War II. After graduating from the University of Maine, he worked for the Commonwealth as a civil engineer. **Henry DeLong, Suite 490**, is a Woburnite who also served in the U. S. Navy as a pharmacist aide. Among his varied interests, he enjoys cribbage and bowling. We extend warm welcome to both gentlemen in their new home.

ANNIVERSARY COUNTDOWN: New Horizons will celebrate 21 years of operation on **Wednesday, August 17, from 5:30 PM to 7:30 PM.** Each resident is welcome to invite up to two guests. The invitation, with any guests’ full names, should have been returned to the Front Desk on Friday, August 12. We look forward to seeing you at the party!



ANNIVERSARY MILESTONES: *Drum roll, please!* New Horizons is delighted to recognize resident **Jane Wolossow**, as she celebrates her 10th anniversary this year as a member of our community. In addition, two staff members – **Jackie Carrabino** and **Veronica Croke-Golden** – also reach this 10-year milestone. Each of them will receive New Horizons’ traditional rosewood and brass engraved carriage clock at our anniversary party. Also, **Joe Dwyer** celebrates his 20-year anniversary working at New Horizons. Joe will be presented with a special anniversary gift. We are very thankful for their many contributions and look forward to many years to come!



NEW FACES: Our new dining room supervisor, **Jane Doucette**, started on July 1. Three Woburn High School students, **April Drolette**, **Rose Kilmain** and **Meaghan O'Mahoney**, have joined our dining room waitstaff. Also from Woburn are **Anthony Santiago** who has joined the kitchen crew, and **Sandra Niemszyk** who recently started as a front desk attendant. Please introduce yourself and welcome the newest staff members to our community!



LABOR DAY: The first Labor Day in the United States was observed on August 26, 1878, in Boston. Following the deaths of a number of workers during the Pullman Strike, President Grover Cleveland made reconciliation with the labor movement a top political priority. A mere six days after the end of the strike, Congress unanimously passed legislation making Labor Day a federal holiday in 1894. The September date was originally chosen by the Central Labor Union of New York. The form for the celebration of Labor Day was outlined in the first proposal of the holiday: A street parade to exhibit to the public "the strength and esprit de corps of the trade and labor organizations," followed by a festival for the workers and their families. Currently, Labor Day is celebrated by most Americans as the symbolic end of the summer.



NORTH END FEAST: Have you ever visited the North End during an Italian festival? On **Tuesday, September 13**, a “North End Feast” is coming to New Horizons; featuring tableside entertainers and authentic Italian fare that is “*delizioso*.” The luncheon celebration will begin at noon in Rumford dining room. Here are some interest facts about the North End:

- It is approximately 1/3 of a square mile in size;
- it is the Boston’s oldest residential neighborhood, where people have lived continuously since it was settled in the 1630s;
- in the early 20th century, the North End became the center of the city’s Italian community;
- there are approximately 100 eating establishments; and
- the first Italian café was Caffè Vittoria.

RESIDENT WELLNESS PRESENTATION: **Wednesday, September 21** at **10:00 AM** in Terrace Lounge **Dr. Paul Chervin**, neurologist, will speak on stroke. In the United States, stroke is the third leading cause of death and the leading cause of serious, long-term disability. High blood pressure is the most important risk factor for stroke. Dr. Chervin’s discussion will cover causes and treatments of the disease.

UPCOMING EVENTS -- SAVE THE DATE

August 17	5:30 – 7:30 PM	Anniversary Party
September 5		Labor Day
September 11		Grandparents Day
September 13	Noon	North End Feast / <i>Rumford DR</i>



Call the SMARTLINE 781-932-1181 for daily menu and activities!