

New Horizons **MONTHLY UPDATE** June 2011

MEMORIAL DAY REMEMBRANCE: Thank you to all residents and family members who joined us for our eighth annual Resident Memorial Service on May 20. Nearly 100 attendees came together to remember and celebrate the lives of 19 former New Horizons residents who profoundly touched our community. This poignant service, led by Rev. Mary Bettencourt, has come to symbolize the very strong bonds we all share as members of the extended New Horizons family.



DAD's SPECIAL DAY: In celebration of Father's Day, Chef Rick Greene and his staff are planning a very special (mid-day) meal for **Sunday, June 19**. The inclusive price for guest meals is \$15 per person, half-price for children younger than eight. Reservations are recommended.

RESIDENT BARBECUE: We will celebrate the first day of summer with our annual Resident Barbecue on **Tuesday, June 21**. Resident seating will begin at 11:30 AM and food will be served at about noon. Lunch will be traditional barbeque fare and served in the resident garden area. Lively music entertainment will round out this popular event. Let's hope for a warm, sunshiny day!



AARP DRIVER SAFETY COURSE: This very informative and interesting program will take place in Terrace Lounge on **Wednesday, June 22** from **10:00 AM to 3:00 PM** and includes lunch. The course covers many facets of driving, such as traffic interaction, vehicle safety, adverse driving conditions, and rules of the road. The course focuses on the aging process and its effect on hearing, eyesight, driver's response time, and compensating for these conditions. There are **NO TESTS**. A Certification of Completion will be issued to each resident who attends the *entire course*. You may register at the Front Desk, and the fee is **\$12** (AARP members) or **\$14** (non-members.) **This fee is payable by check to AARP** when you register. For more information, please see Barbra in the Activities Office.



RESIDENT WELLNESS PRESENTATION: **Tuesday, June 28**, at **10:00 AM** in Terrace Lounge, **Marcia Braceland**, (Licensed Massage Therapist) of Zen Muscular Therapy and Wellness, will speak on the Benefits of Massage and other wellness practices including aromatherapy, Reiki, and meditation.

WELCOME NEW STAFF: We have several new faces around the facility: **Emily English**, **Jessica Foley** and **Lindsay Nixon**, all of Woburn, have joined our dining room crew. **Darilyn Arancio**, of Burlington, has joined the housekeeping crew and **Nicole Tetreault**, of Woburn, will split her time between the front desk and the dining room.



CURIO DISPLAY: Be sure to see activities assistant **Veronica Croke-Golden's** exquisite antique tea collection. The display includes a Japanese china tea set and hand-painted French china items in the curio case next to Christine's desk (off the main lobby).

SATISFACTION SURVEY: We are grateful for the comments and ratings received from this year's resident satisfaction survey at New Horizons and to the ambassadors who assisted in the process. The management team welcomes resident and family feedback at *all* times during the year, not just during the annual survey. Our suggestion box, located on the third floor near the mailboxes, is a convenient tool to convey an idea, criticism or compliment. Simply jot down your thought and place it in the box! While anonymity is certainly your prerogative, signing your slip will allow our team to respond to you directly. You are also always welcome to stop by the executive director's office, located next to the Front Desk, as a director-on-duty is typically available without an appointment.



EMERGENCY CONTACT INFORMATION: Since summertime is a busy vacation season, we remind all residents and family members about the importance of updating emergency contact information. Please take a few moments to check in with our Front Desk to notify us of any changes, including phone numbers to reach family while away, updated health care information, etc.

FIRE LANE RESTRICTIONS: Woburn Fire Department has directed that no residents, guests, or staff leave a vehicle unattended in the driveway outside our main entrance. The front driveway is reserved first as a fire lane for emergency vehicles, and secondarily for *active pick-up and drop-off*. Vehicles may not be left unattended there, as they block emergency vehicles and others seeking direct access to the entry. Residents expecting a pick-up must meet visitors at the main entry or request that the visitor first park in one of the reserved short term parking spaces nearby the entry and then meet the resident in his or her apartment. Similarly, visitors dropping off a resident need to park in the main parking area if the visitor desires to enter the building. *Thank you for your consideration at all times.*



IN MEMORIAM: We are very saddened by the passing of residents **Anna Ganley** and **Joe Gibson** and former resident **Gen Dale**. We extend sincere condolences to their families and friends at this time.

***** UPCOMING EVENTS -- SAVE THE DATE *****

- June 19** Father's Day
- June 21** Summer Begins!
- June 21** 11:30 AM Annual Resident Barbecue
- June 28** 10:00 AM Presentation with Marcia Braceland
- July 4** Independence Day



*Resident Garden Area
Terrace Lounge*



**Call the SMARTLINE 781-932-1181
for daily menu and activities!**